



Be At Your Best. *Everyday.*

HEALTH CHECK PACKAGES



“An ounce of prevention
is better than a pound
of care”

Benjamin Franklin



“ Good Health is not something that you can buy, take care of the one that’s gifted to you ”

We live in an era where living a healthy lifestyle has become a challenge. Our busy schedule leaves us with no time to involve ourselves in physical activities and we end up in various lifestyle diseases. While it is all too easy to take your health for granted but the fact is your health and wellbeing underpins everything that you do. So it’s time that you listen to your body and make your health a

HEALTH CHECKS

What is a Health Screening?

Health screening involves the use of tests, physical examinations, diagnostics and other procedures to detect diseases at an early stage. It also helps detect your risk for a particular disease or a condition before you are aware. Early detection, followed by treatment and management of the condition can result in better outcomes and lowers the risk of serious complications. An annual health check is different from the tests which are done when someone is already showing signs and/or symptoms of a disease.

What must I consider before signing up for a Health Screening?

We offer various health check packages primarily depending on the age group and sex. We also have health screening for specific conditions such as Cancer, Hypertension etc. So make sure you decide the right screening package for yourself before you book it.

What illnesses can be detected through a Health Screening?

Common lifestyle diseases identified include high blood pressure, high cholesterol, diabetes, thyroid conditions, deficiencies, bowel cancers, pre-cancerous changes in the cervix, early breast disease, health and lifestyle changes.

RxDx

Be At Your Best. *Everyday.*



“ We believe that most medical needs can be dealt with in a cozy and patient-friendly environment without the need to go to a hospital. Thus our core services focus on primary care and pre-hospital care. ”

*Your partner for
pro-active health
and wellness!*

*Your neighbourhood
multispeciality clinic*

rxdx.in

GENERAL HEALTH CHECK

Rs. 1,700

Complete Hemogram
FBS - Fasting Blood Sugar
Blood Grouping And Rh Factor
Urine Routine And Microscopy
Total Cholesterol
Serum Creatinine
Blood Urea
Serum Uric Acid
SGPT, SGOT
Chest X-ray
ECG - Electro Cardiogram
Physician - Consultation
Eye Screening

DIABETIC PACKAGE

Rs. 1,700

FBS - Fasting Blood Sugar
PPBS - Post Prandial Blood Sugar
Glycosylated Hemoglobin(Hba1c)
Urine Micro Albumin
Diabetic Retinopathy Screening
Diabetic Diet Counseling
Diabetologist - Consultation

BELOW 40



Rs. 3,500

-
- Complete Hemogram
 - Blood Grouping And Rh Factor
 - FBS - Fasting Blood Sugar
 - PPBS - Post Prandial Blood Sugar
 - Serum Creatinine
 - Serum Uric Acid
 - Lipid Profile
 - LFT - Liver Function Test
 - TSH - Thyroid Stimulating Hormone
 - PSA - Prostate Specific Antigen
 - Urine Routine And Microscopy
 - Stool Routine And Microscopy
 - Chest X-ray
 - ECG - Electro Cardiogram
 - PFT - Pulmonary Function Test
 - Ultrasound - Abdomen / Pelvis
 - Eye Screening
 - Physician - Consultation
 - Nutritionist - Consultation
 - Dental - Screening

MEN

ABOVE 40



Rs. 5,000

All Of The Above Plus

- Blood Urea
- Serum Calcium
- Treadmill Test / 2D - Echocardiography*
- Diabetic Retinopathy / Bone Density Test*
- Audiometry

BELOW 40



Rs. 3,500

-
- Complete Hemogram
 - Blood Grouping And Rh Factor
 - FBS - Fasting Blood Sugar
 - PPBS - Post Prandial Blood Sugar
 - Serum Creatinine
 - Serum Uric Acid
 - Lipid Profile
 - LFT - Liver Function Test
 - TSH - Thyroid Stimulating Hormone
 - Pap Smear
 - Urine Routine And Microscopy
 - Stool Routine And Microscopy
 - Chest X-ray
 - ECG - Electro Cardiogram
 - PFT - Pulmonary Function Test
 - Ultrasound - Abdomen / Pelvis
 - Eye Screening
 - Gynaecologist - Consultation
 - Physician - Consultation
 - Nutritionist - Consultation
 - Dental - Screening

WOMEN

ABOVE 40



Rs. 6,000

All Of The Above Plus

- Treadmill Test / 2D - Echocardiography*
- Blood Urea
- Serum Calcium
- X - ray Mammography / Sono Mammography*
- Diabetic Retinopathy / Bone Density Test*
- Audiometry

COMPREHENSIVE HEALTH CHECK



Rs. 7,600

- Complete Hemogram
- Blood Grouping And Rh Factor
- FBS - Fasting Blood Sugar
- PPBS - Post Prandial Blood Sugar
- Serum Creatinine
- Serum Uric Acid
- Lipid Profile
- LFT - Liver Function Test
- T3
- T4
- TSH - Thyroid Stimulating Hormone
- HBSAG (Rapid Card Test)
- Glycosylated Hemoglobin(Hba1c)
- Stool Occult Blood
- Vitamin B 12
- Vitamin D
- Blood Urea
- Serum Calcium
- PSA - Prostate Specific Antigen
- Urine Routine And Microscopy
- Stool Routine And Microscopy
- ECG - Electro Cardiogram
- Chest X-ray
- PFT - Pulmonary Function Test
- Ultrasound - Abdomen / Pelvis
- Treadmill Test / 2D - Echocardiography*
- Audiometry
- Eye Screening
- Physician - Consultation
- Nutritionist - Consultation
- Dental - Screening

MEN

COMPREHENSIVE HEALTH CHECK



Rs. 8,600

- Complete Hemogram
- Blood Grouping And Rh Factor
- FBS - Fasting Blood Sugar
- PPBS - Post Prandial Blood Sugar
- Serum Creatinine
- Serum Uric Acid
- Lipid Profile
- LFT - Liver Function Test
- T3
- T4
- TSH - Thyroid Stimulating Hormone
- HBSAG (Rapid Card Test)
- Glycosylated Hemoglobin(Hba1c)
- Stool Occult Blood
- Vitamin B 12
- Vitamin D
- Iron With TIBC
- Ferritin
- Blood Urea
- Serum Calcium
- Pap Smear
- Urine Routine And Microscopy
- Stool Routine And Microscopy
- ECG - Electro Cardiogram
- Treadmill Test / 2D - Echocardiography*
- Chest X-ray
- Ultrasound - Abdomen / Pelvis
- X - ray Mammography/ Sono Mammography*
- Audiometry
- Pulmonary Function Test
- Eye Screening
- Gynaecologist - Consultation
- Physician - Consultation
- Nutritionist - Consultation
- Dental - Screening

WOMEN

*Condition apply

WELL BABY CHECK

Rs. 600

BELOW 5 YEARS

Growth Parameter Assessment

Head circumference (3yrs and below)

Nutrition / Diet Assessment

Developmental Assessment

Behavior Assessment and Counselling (if needed)

Anticipatory Guidance

Immunization Review



WELL BABY CHECK

Rs. 700

5 YEARS & ABOVE

Growth Parameter Assessment

Nutrition / Diet Assessment

Developmental Assessment

Behavior Assessment and Counselling (if needed)

Anticipatory Guidance

Immunization Review

PAC Vision and Hearing Screen (4 yrs & above)

Dental Screening (4 yrs & above)

HEART CHECK

Who Should Undergo : This Package is especially useful for individuals who have risk factors for Heart disease like Diabetes, Hypertension, Smoking, Obesity, Stressful lifestyle, Lack of Physical activities and those with a family history of cardiac illness.

CARDIAC PACKAGE **Rs. 4,500**

Complete Hemogram
Lipid Profile
FBS - Fasting Blood Sugar
PPBS - Post Prandial Blood Sugar
BUN - Blood Urea Nitrogen
Glycosylated Hemoglobin(Hba1c)
Serum Uric Acid
Serum Creatinine
Urine Routine And Microscopy
C - Reactive Protein - High Sensitivity
ECG - Electro Cardiogram
2D - Echocardiography
Treadmill Test (TMT)
Chest X - ray
PFT - Pulmonary Function Test
Nutritionist - Consultation
Cardiologist - Consultation

CARDIAC ADD - ONS **Rs. 1,200**

LIPOPROTEIN (A)
APOLIPOPROTEIN (A)
APOLIPOPROTEIN (B)

GERIATRICS PACKAGE Rs. 2800

Vitals Assessment

Cognitive Assessment (Alzheimers Assessment)

Physiotherapy (Osteo - Arthritis - 3 Sessions)

HB - Hemoglobin

FBS - Fasting Blood Sugar

Lipid Profile

TSH - Thyroid Stimulating Hormone

Serum Creatinine

Electrolytes

Bone Density Test

Physician Consultation

Neurologist Consultation (Tele Consultation)

Psychology Screening



SNORING SCREENING

Does your partner complain that you snore regularly?

Have you recently gained weight or stopped exercising?

Do you have family members that snore?

If you answered yes to any of the above questions you either snore or are at risk for snoring. Ask your partner, roommate or family member if they have ever heard you snore.

Choking or gasping sounds as you snore can be a sign of obstructive sleep apnea that needs attention.

SNORING SCREENING PACKAGE **Rs. 1,500**

Body Composition Assessment

BP Assessment

Blood Investigations

FBS - Fasting blood sugar

HB - Hemoglobin

Thyroid Profile

ECG - Electro Cardiogram

PFT - Pulmonary Function Test

ENT consultation

SLEEP APNEA PACKAGE **Rs. 8,000**

Sleep Study Assessment

Nutritionist Consultation

Pulmonologist Consultation

ADD - ONS

For Women Under 40	Rs. 1,000
Sono Mammography Breast Surgeon Consultation	
Vitamin D	Rs. 1,800
Vitamin B12	Rs. 1,100
Gynaec. Profile	Rs. 650
Pap Smear, OBG Consultation	
Bone Density Test	Rs. 400
Body Composition Analyser (BCA)	Rs. 200

INSTRUCTIONS

Get sufficient rest

Please come on empty stomach with overnight fasting (10 - 12 hours) you can have half a glass of plain water during fasting period.

After completing Blood test and Ultrasound - Complimentary breakfast will be provided.

In case you are taking any medication; please bring your prescription/medication and all earlier medical reports along with you, and If you are a diabetic or a cardiac patient, please inform Health Check coordinators and Nurses.

Please fill the Health check Questionnaire ACCURATELY which will be given to you before the health check.

You may be required to change clothes frequently while undergoing various tests, you will feel more comfortable in casual clothes and footwear. Also you may need to walk barefoot or in shoes on the treadmill. Please avoid cigarettes, caffeine, alcohol and tobacco, and Men are requested to shave chest before coming to the Treadmill Test (TMT).

Patients on Diabetic / Thyroid and all other medications should CONTINUE with their medications ; even on the day of the Health Checkup. Please consult a doctor prior.

While collecting urine, allow the first portion to drain out and collect during the middle portion while urinating.

Urine/stool to be collected on the morning of the check-up in a container provided by RxDx Clinic – Nurse station.

Validity period of all health checks is one month, with in which period, review should be completed.

Ladies : Pregnant ladies or those suspecting pregnancy should not undergo X – ray, Mammography, treadmill test

If you are menstruating on the scheduled day of your appointment, kindly inform the nurse on arrival, since you will not be able to do your Urine, Stool and Pap Smear tests as the presence of blood would produce inaccurate results.

Written reports and review would be completed within 48-72 hours

If you wish to postpone the health check after fixing an appointment, please call / Email us to reschedule the dates.

Contact – 080-49261111 / 6745 8111

Web : www.rxdx.in

Email : info@rxdx.in

YOUR FEEDBACK

Your valuable feedback is essential in our journey to keep improving our services! Please ask for feedback / suggestion form from health-coordinator after completing your health check.

Complete your **health checks** in
a single visit to the clinic

RxDx Teleconsultation

Consult your doctor with the final
reports from the comfort of your home

Say goodbye to traffic

RxDx App

DOWNLOAD ON iOS &
ANDROID



Directions

SCAN FOR CLINIC
LOCATIONS



RxDx

Be At Your Best. Everyday.



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WHITEFIELD
KADUGODI
BELLANDUR
MALLESHWARAM