Complete your health checks in a single visit to the clinic

**Rx Dx Teleconsultation**
Consult your doctor with the final reports from the comfort of your home
Say goodbye to traffic

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**RxDx App**
DOWNLOAD ON iOS & ANDROID

**Directions**
SCAN FOR CLINIC LOCATIONS

info@rxdx.in
Tel: 080 4926 1111, 6745 8111
Emergency: +91 80 4926 1198

“An ounce of prevention is better than a pound of care”
Benjamin Franklin
Patients on Diabetic / Thyroid and all other medications should CONTINUE with their medications; even on the day of the Health Checkup. Please consult a doctor prior.

While collecting urine, allow the first portion to drain out and collect during the middle portion while urinating.

Urine/stool to be collected on the morning of the check-up in a container provided by RxDx Clinic – Nurse station.

Validity period of all health checks is one month, with in which period, review should be completed.

Ladies: Pregnant ladies or those suspecting pregnancy should not undergo X-ray, Mammography, treadmill test.

If you are menstruating on the scheduled day of your appointment, kindly inform the nurse on arrival, since you will not be able to do your Urine, Stool and Pap Smear tests as the presence of blood would produce inaccurate results.

Written reports and review would be completed within 48-72 hours.

If you wish to postpone the health check after fixing an appointment, please call / Email us to reschedule the dates.

Contact – 080-49261111 / 6745 8111
Web: www.rxdx.in
Email: info@rxdx.in

YOUR FEEDBACK

Your valuable feedback is essential in our journey to keep improving our services! Please ask for feedback / suggestion form from health-coordinator after completing your health check.

Good Health is not something that you can buy, take care of the one that’s gifted to you.
What is a Health Screening?

Health screening involves the use of tests, physical examinations, diagnostics and other procedures to detect diseases at an early stage. It also helps detect your risk for a particular disease or a condition before you are aware. Early detection, followed by treatment and management of the condition can result in better outcomes and lowers the risk of serious complications. An annual health check is different from the tests which are done when someone is already showing signs and/or symptoms of a disease.

What must I consider before signing up for a Health Screening?

We offer various health check packages primarily depending on the age group and sex. We also have health screening for specific conditions such as Cancer, Hypertension etc. So make sure you decide the right screening package for yourself before you book it.

What illnesses can be detected through a Health Screening?

Common lifestyle diseases identified include high blood pressure, high cholesterol, diabetes, thyroid conditions, deficiencies, bowel cancers, pre-cancerous changes in the cervix, early breast disease, health and lifestyle changes.

**HEALTH CHECKS**

<table>
<thead>
<tr>
<th>ADD - ONS</th>
<th></th>
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</thead>
<tbody>
<tr>
<td>For Women Under 40</td>
<td>Rs. 1,000</td>
</tr>
<tr>
<td>Sono Mammography</td>
<td></td>
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<tr>
<td>Breast Surgeon Consultation</td>
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<tr>
<td>Vitamin D</td>
<td>Rs. 1,800</td>
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<tr>
<td>Vitamin B12</td>
<td>Rs. 1,100</td>
</tr>
<tr>
<td>Gynaec. Profile</td>
<td>Rs. 650</td>
</tr>
<tr>
<td>Pap Smear, OBG Consultation</td>
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<tr>
<td>Bone Density Test</td>
<td>Rs. 400</td>
</tr>
<tr>
<td>Body Composition Analyser (BCA)</td>
<td>Rs. 200</td>
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</tbody>
</table>

**INSTRUCTIONS**

Get sufficient rest

Please come on empty stomach with overnight fasting (10 - 12 hours) you can have half a glass of plain water during fasting period.

After completing Blood test and Ultrasound - Complimentary breakfast will be provided.

In case you are taking any medication; please bring your prescription/medication and all earlier medical reports along with you, and If you are a diabetic or a cardiac patient, please inform Health Check coordinators and Nurses.

Please fill the Health check Questionnaire ACCURATELY which will be given to you before the health check.

You may be required to change clothes frequently while undergoing various tests, you will feel more comfortable in casual clothes and footwear. Also you may need to walk barefoot or in shoes on the treadmill. Please avoid cigarettes, caffeine, alcohol and tobacco, and Men are requested to shave chest before coming to the Treadmill Test (TMT).
We believe that most medical needs can be dealt with in a cozy and patient-friendly environment without the need to go to a hospital. Thus our core services focus on primary care and pre-hospital care.

Your partner for pro-active health and wellness!

SNORING SCREENING

Does your partner complain that you snore regularly?
Have you recently gained weight or stopped exercising?
Do you have family members that snore?

If you answered yes to any of the above questions you either snore or are at risk for snoring. Ask your partner, roommate or family member if they have ever heard you snore.

Choking or gasping sounds as you snore can be a sign of obstructive sleep apnea that needs attention.

SNORING SCREENING PACKAGE    Rs. 1,500

- Body Composition Assessment
- BP Assessment
- Blood Investigations
- FBS - Fasting blood sugar
- HB - Hemoglobin
- Thyroid Profile
- ECG - Electro Cardiogram
- PFT - Pulmonary Function Test
- ENT consultation

SLEEP APNEA PACKAGE    Rs. 8,000

- Sleep Study Assessment
- Nutritionist Consultation
- Pulmonologist Consultation
GERIATRICS PACKAGE  Rs. 2800

Vitals Assessment
Cognitive Assessment (Alzheimers Assessment)
Physiotherapy (Osteo - Arthritis - 3 Sessions)
HB - Hemoglobin
FBS - Fasting Blood Sugar
Lipid Profile
TSH - Thyroid Stimulating Hormone
Serum Creatinine
Electrolytes
Bone Density Test
Physician Consultation
Neurologist Consultation (Tele Consultation)
Psychology Screening

GENERAL HEALTH CHECK  Rs. 1,700

Complete Hemogram
FBS - Fasting Blood Sugar
Blood Grouping And Rh Factor
Urine Routine And Microscopy
Total Cholesterol
Serum Creatinine
Blood Urea
Serum Uric Acid
SGPT, SGOT
Chest X-ray
ECG - Electro Cardiogram
Physician - Consultation
Eye Screening

DIABETIC PACKAGE  Rs. 1,700

FBS - Fasting Blood Sugar
PPBS - Post Prandial Blood Sugar
Glycosylated Hemoglobin (Hba1c)
Urine Micro Albumin
Diabetic Retinopathy Screening
Diabetic Diet Counseling
Diabetologist - Consultation
### HEART CHECK

Who Should Undergo: This Package is especially useful for individuals who have risk factors for Heart disease like Diabetes, Hypertension, Smoking, Obesity, Stressful lifestyle, Lack of Physical activities and those with a family history of cardiac illness.

#### CARDIAC PACKAGE Rs. 4,500

<table>
<thead>
<tr>
<th>Test</th>
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<tbody>
<tr>
<td>Complete Hemogram</td>
</tr>
<tr>
<td>Lipid Profile</td>
</tr>
<tr>
<td>FBS - Fasting Blood Sugar</td>
</tr>
<tr>
<td>PPBS - Post Prandial Blood Sugar</td>
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<tr>
<td>BUN - Blood Urea Nitrogen</td>
</tr>
<tr>
<td>Glycosylated Hemoglobin(Hba1c)</td>
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<tr>
<td>Serum Uric Acid</td>
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<tr>
<td>Serum Creatinine</td>
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<tr>
<td>C - Reactive Protein - High Sensitivity</td>
</tr>
<tr>
<td>ECG - Electro Cardiogram</td>
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<tr>
<td>2D - Echocardiography</td>
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<tr>
<td>Treadmill Test (TMT)</td>
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<tr>
<td>Cardiologist - Consultation</td>
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<tr>
<td>Nutritionist - Consultation</td>
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### CARDIAC ADD - ONS Rs. 1,200

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### BELOW 40 Rs. 3,500

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<tr>
<td>LFT - Liver Function Test</td>
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<tr>
<td>TSH - Thyroid Stimulating Hormone</td>
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<tr>
<td>PSA - Prostate Specific Antigen</td>
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<tr>
<td>Urine Routine And Microscopy</td>
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<tr>
<td>Stool Routine And Microscopy</td>
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<tr>
<td>Chest X-ray</td>
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<tr>
<td>ECG - Electro Cardiogram</td>
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<tr>
<td>PFT - Pulmonary Function Test</td>
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<tr>
<td>Ultrasound - Abdomen / Pelvis</td>
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<tr>
<td>Eye Screening</td>
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<tr>
<td>Physician - Consultation</td>
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<tr>
<td>Nutritionist - Consultation</td>
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<tr>
<td>Dental - Screening</td>
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### ABOVE 40 Rs. 5,000

<table>
<thead>
<tr>
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<tbody>
<tr>
<td>All Of The Above Plus</td>
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<tr>
<td>Blood Urea</td>
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<tr>
<td>Serum Calcium</td>
</tr>
<tr>
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</tr>
<tr>
<td>Diabetic Retinopathy / Bone Density Test*</td>
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</table>
WELL BABY CHECK
BELOW 5 YEARS
Rs. 600

- Growth Parameter Assessment
- Head circumference (3yrs and below)
- Nutrition / Diet Assessment
- Developmental Assessment
- Behavior Assessment and Counselling (if needed)
- Anticipatory Guidance
- Immunization Review

WELL BABY CHECK
5 YEARS & ABOVE
Rs. 700

- Growth Parameter Assessment
- Nutrition / Diet Assessment
- Developmental Assessment
- Behavior Assessment and Counselling (if needed)
- Anticipatory Guidance
- Immunization Review
- PAC Vision and Hearing Screen (4 yrs & above)
- Dental Screening (4 yrs & above)

BELOW 40
Rs. 3,500

- Complete Hemogram
- Blood Grouping And Rh Factor
- FBS - Fasting Blood Sugar
- PPBS - Post Prandial Blood Sugar
- Serum Creatinine
- Serum Uric Acid
- Lipid Profile
- LFT - Liver Function Test
- TSH - Thyroid Stimulating Hormone
- Pap Smear
- Urine Routine And Microscopy
- Stool Routine And Microscopy
- Chest X-ray
- ECG - Electro Cardiogram
- PFT - Pulmonary Function Test
- Ultrasound - Abdomen / Pelvis
- Eye Screening
- Gynaecologist - Consultation
- Physician - Consultation
- Nutritionist - Consultation
- Dental - Screening

ABOVE 40
Rs. 6,000

- All Of The Above Plus
- Treadmill Test / 2D - Echocardiography*
- Blood Urea
- Serum Calcium
- X - ray Mammography / Sono Mammography*
- Diabetic Retinopathy / Bone Density Test*
- Audiometry

*Condition apply
**COMPREHENSIVE HEALTH CHECK**

**MEN**

- Complete Hemogram
- Blood Grouping And Rh Factor
- FBS - Fasting Blood Sugar
- PPBS - Post Prandial Blood Sugar
- Serum Creatinine
- Serum Uric Acid
- Lipid Profile
- LFT - Liver Function Test
- T3
- T4
- TSH - Thyroid Stimulating Hormone
- HBSAG (Rapid Card Test)
- Glycosylated Hemoglobin (Hba1c)
- Stool Occult Blood
- Vitamin B 12
- Vitamin D
- Blood Urea
- Serum Calcium
- PSA - Prostate Specific Antigen
- Urine Routine And Microscopy
- Stool Routine And Microscopy
- ECG - Electro Cardiogram
- Chest X-ray
- PFT - Pulmonary Function Test
- Ultrasound - Abdomen / Pelvis
- Treadmill Test / 2D - Echocardiography*
- Audiometry
- Eye Screening
- Physician - Consultation
- Nutritionist - Consultation
- Dental - Screening

**WOMEN**

- Complete Hemogram
- Blood Grouping And Rh Factor
- FBS - Fasting Blood Sugar
- PPBS - Post Prandial Blood Sugar
- Serum Creatinine
- Serum Uric Acid
- Lipid Profile
- LFT - Liver Function Test
- T3
- T4
- TSH - Thyroid Stimulating Hormone
- HBSAG (Rapid Card Test)
- Glycosylated Hemoglobin (Hba1c)
- Stool Occult Blood
- Vitamin B 12
- Vitamin D
- Iron With TIBC
- Ferritin
- Blood Urea
- Serum Calcium
- Pap Smear
- Urine Routine And Microscopy
- Stool Routine And Microscopy
- ECG - Electro Cardiogram
- Treadmill Test / 2D - Echocardiography*
- Chest X-ray
- Ultrasound - Abdomen / Pelvis
- X - ray Mammography/ Sono Mammography*
- Audiometry
- Pulmonary Function Test
- Eye Screening
- Gynaecologist - Consultation
- Physician - Consultation
- Nutritionist - Consultation
- Dental - Screening

*Condition apply